

| Pl | Stnr | Name | Zeit | | | | | | | | | | | | | | |
|---------------------|------|---------------------------------------|---------|---------------------------|---------|---------|--------|--------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| D-12 (3) | | | | 1.9 km 35 Hm 7 P | | | | | | | | | | | | | |
| | | | | 1(112) | 2(116) | 3(124) | 4(114) | 5(113) | 6(120) | 7(122) | Z | | | | | | |
| 1 | 4 | Kaatje Fantini TuS Lübbecke | 27:09 | 7:24 | 9:25 | 12:28 | 16:09 | 20:02 | 24:18 | 26:52 | 27:09 | | | | | | |
| | | | | 7:24 | 2:01 | 3:03 | 3:41 | 3:53 | 4:16 | 2:34 | 0:17 | | | | | | |
| 2 | 3 | Josie Achilles TuS Lübbecke | 1:11:01 | 18:49 | 21:50 | 25:26 | 32:38 | 55:31 | 1:07:14 | 1:10:39 | 1:11:01 | | | | | | |
| | | | | 18:49 | 3:01 | 3:36 | 7:12 | 22:53 | 11:43 | 3:25 | 0:22 | | | | | | |
| 3 | 2 | Claudia Berg TuS Lübbecke | 1:13:58 | 21:42 | 24:56 | 28:26 | 35:32 | 58:29 | 1:10:14 | 1:13:37 | 1:13:58 | | | | | | |
| | | | | 21:42 | 3:14 | 3:30 | 7:06 | 22:57 | 11:45 | 3:23 | 0:21 | | | | | | |
| D-14 (4) | | | | 2.9 km 90 Hm 10 P | | | | | | | | | | | | | |
| | | | | 1(115) | 2(109) | 3(125) | 4(114) | 5(112) | 6(117) | 7(118) | 8(119) | 9(120) | 10(122) | Z | | | |
| 1 | 9 | Lisa Frohböse Eintracht Dortmund | 1:10:41 | 4:38 | 18:58 | 34:59 | 40:15 | 46:15 | 50:21 | 55:44 | 1:02:33 | 1:08:39 | 1:10:20 | 1:10:41 | | | |
| | | | | 4:38 | 14:20 | 16:01 | 5:16 | 6:00 | 4:06 | 5:23 | 6:49 | 6:06 | 1:41 | 0:21 | | | |
| 2 | 7 | Hanna Herzfeld OLG Siegerland | 1:16:48 | 10:20 | 25:06 | 40:51 | 46:20 | 52:18 | 56:23 | 1:01:40 | 1:08:30 | 1:14:44 | 1:16:24 | 1:16:48 | | | |
| | | | | 10:20 | 14:46 | 15:45 | 5:29 | 5:58 | 4:05 | 5:17 | 6:50 | 6:14 | 1:40 | 0:24 | | | |
| 3 | 6 | Antonia Diener Bielefelder TG | 1:19:50 | 13:17 | 27:55 | 44:01 | 49:23 | 55:21 | 59:22 | 1:04:41 | 1:11:34 | 1:17:41 | 1:19:26 | 1:19:50 | | | |
| | | | | 13:17 | 14:38 | 16:06 | 5:22 | 5:58 | 4:01 | 5:19 | 6:53 | 6:07 | 1:45 | 0:24 | | | |
| | 8 | Insa Bersuck Bielefelder TG | Aufg | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | | | |
| D-18 (2) | | | | 4.5 km 145 Hm 12 P | | | | | | | | | | | | | |
| | | | | 1(116) | 2(117) | 3(113) | 4(114) | 5(109) | 6(105) | 7(103) | 8(102) | 9(118) | 10(119) | 11(120) | 12(122) | Z | |
| 1 | 15 | Julia Gierlach WOLF Haltern | 1:03:31 | 6:08 | 9:18 | 11:53 | 14:48 | 21:12 | 28:59 | 38:45 | 43:29 | 55:02 | 58:31 | 1:02:21 | 1:03:09 | 1:03:31 | |
| | | | | 6:08 | 3:10 | 2:35 | 2:55 | 6:24 | 7:47 | 9:46 | 4:44 | 11:33 | 3:29 | 3:50 | 0:48 | 0:22 | |
| 2 | 14 | Michelle Klein DJK Adler Bottrop | 1:06:36 | 4:22 | 7:00 | 13:20 | 17:41 | 24:26 | 36:43 | 42:22 | 46:38 | 58:33 | 1:01:29 | 1:05:21 | 1:06:13 | 1:06:36 | |
| | | | | 4:22 | 2:38 | 6:20 | 4:21 | 6:45 | 12:17 | 5:39 | 4:16 | 11:55 | 2:56 | 3:52 | 0:52 | 0:23 | |
| D-17Kurz (3) | | | | 3.6 km 100 Hm 11 P | | | | | | | | | | | | | |
| | | | | 1(112) | 2(113) | 3(117) | 4(116) | 5(114) | 6(125) | 7(115) | 8(118) | 9(119) | 10(120) | 11(122) | Z | | |
| 1 | 18 | Sandra Urbanietz DJK Adler Bottrop | 56:23 | 4:47 | 7:24 | 8:19 | 13:25 | 17:58 | 22:31 | 38:53 | 48:00 | 52:08 | 55:09 | 56:03 | 56:23 | | |
| | | | | 4:47 | 2:37 | 0:55 | 5:06 | 4:33 | 4:33 | 16:22 | 9:07 | 4:08 | 3:01 | 0:54 | 0:20 | | |
| 2 | 17 | Kathrin Wiaterok SC Oberodenthal | 1:15:36 | 8:21 | 12:30 | 13:47 | 37:20 | 40:25 | 45:55 | 54:40 | 1:04:32 | 1:07:50 | 1:13:53 | 1:15:15 | 1:15:36 | | |
| | | | | 8:21 | 4:09 | 1:17 | 23:33 | 3:05 | 5:30 | 8:45 | 9:52 | 3:18 | 6:03 | 1:22 | 0:21 | | |
| 3 | 16 | Katrin Gödde DJK Adler Bottrop | 1:33:43 | 9:35 | 18:23 | 21:05 | 27:30 | 33:27 | 44:11 | 1:01:18 | 1:17:13 | 1:23:59 | 1:29:42 | 1:32:25 | 1:33:43 | | |
| | | | | 9:35 | 8:48 | 2:42 | 6:25 | 5:57 | 10:44 | 17:07 | 15:55 | 6:46 | 5:43 | 2:43 | 1:18 | | |
| D-19Lang (4) | | | | 6.0 km 300 Hm 16 P | | | | | | | | | | | | | |
| | | | | 1(102) | 2(103) | 3(105) | 4(111) | 5(108) | 6(123) | 7(101) | 8(109) | 9(125) | 10(113) | 11(114) | 12(112) | 13(118) | 14(119) |
| | | | | 15(120) | 16(122) | Z | | | | | | | | | | | |
| 1 | 22 | Caroline Hoffmann Köln OL-Team | 1:02:57 | 4:46 | 7:07 | 11:00 | 19:01 | 22:22 | 24:39 | 32:41 | 35:57 | 41:43 | 47:33 | 49:39 | 53:06 | 57:40 | 59:41 |
| | | | | 4:46 | 2:21 | 3:53 | 8:01 | 3:21 | 2:17 | 8:02 | 3:16 | 5:46 | 5:50 | 2:06 | 3:27 | 4:34 | 2:01 |
| | | | | 1:01:52 | 1:02:37 | 1:02:57 | | | | | | | | | | | |
| | | | | 2:11 | 0:45 | 0:20 | | | | | | | | | | | |
| 2 | 20 | Linda Beckmann DJK Adler Bottrop | 1:26:53 | 4:57 | 7:30 | 13:34 | 25:49 | 29:54 | 32:31 | 46:24 | 50:57 | 56:22 | 1:05:30 | 1:09:20 | 1:14:27 | 1:19:38 | 1:22:29 |
| | | | | 4:57 | 2:33 | 6:04 | 12:15 | 4:05 | 2:37 | 13:53 | 4:33 | 5:25 | 9:08 | 3:50 | 5:07 | 5:11 | 2:51 |
| | | | | 1:25:54 | 1:26:33 | 1:26:53 | | | | | | | | | | | |
| | | | | 3:25 | 0:39 | 0:20 | | | | | | | | | | | |
| 3 | 21 | Ricarda Kemper Bielefelder TG | 1:36:35 | 9:29 | 11:49 | 17:17 | 27:53 | 32:20 | 37:06 | 47:38 | 54:31 | 1:05:39 | 1:13:22 | 1:15:59 | 1:24:19 | 1:29:49 | 1:31:49 |
| | | | | 9:29 | 2:20 | 5:28 | 10:36 | 4:27 | 4:46 | 10:32 | 6:53 | 11:08 | 7:43 | 2:37 | 8:20 | 5:30 | 2:00 |
| | | | | 1:35:25 | 1:36:12 | 1:36:35 | | | | | | | | | | | |
| | | | | 3:36 | 0:47 | 0:23 | | | | | | | | | | | |
| 4 | 19 | Anna Gierlach WOLF Haltern | 1:43:30 | 5:29 | 9:35 | 18:10 | 32:31 | 39:00 | 42:46 | 55:37 | 1:01:20 | 1:11:52 | 1:20:35 | 1:23:35 | 1:30:10 | 1:36:06 | 1:38:52 |
| | | | | 5:29 | 4:06 | 8:35 | 14:21 | 6:29 | 3:46 | 12:51 | 5:43 | 10:32 | 8:43 | 3:00 | 6:35 | 5:56 | 2:46 |
| | | | | 1:41:53 | 1:42:59 | 1:43:30 | | | | | | | | | | | |
| | | | | 3:01 | 1:06 | 0:31 | | | | | | | | | | | |
| D35- (1) | | | | 4.5 km 145 Hm 12 P | | | | | | | | | | | | | |
| | | | | 1(116) | 2(117) | 3(113) | 4(114) | 5(109) | 6(105) | 7(103) | 8(102) | 9(118) | 10(119) | 11(120) | 12(122) | Z | |
| 1 | 25 | Silke Wethmar Braunschweiger MTV | 1:20:25 | 6:47 | 12:24 | 15:23 | 18:41 | 26:58 | 36:07 | 45:20 | 52:39 | 1:08:01 | 1:13:59 | 1:17:41 | 1:19:30 | 1:20:25 | |
| | | | | 6:47 | 5:37 | 2:59 | 3:18 | 8:17 | 9:09 | 9:13 | 7:19 | 15:22 | 5:58 | 3:42 | 1:49 | 0:55 | |
| D45- (5) | | | | 4.5 km 145 Hm 12 P | | | | | | | | | | | | | |
| | | | | 1(116) | 2(117) | 3(113) | 4(114) | 5(109) | 6(105) | 7(103) | 8(102) | 9(118) | 10(119) | 11(120) | 12(122) | Z | |
| 1 | 29 | Martina Hollmann Bielefelder TG | 56:00 | 4:43 | 7:10 | 8:10 | 10:55 | 19:07 | 25:48 | 31:56 | 36:56 | 47:45 | 51:16 | 54:34 | 55:33 | 56:00 | |
| | | | | 4:43 | 2:27 | 1:00 | 2:45 | 8:12 | 6:41 | 6:08 | 5:00 | 10:49 | 3:31 | 3:18 | 0:59 | 0:27 | |
| 2 | 26 | Kirsten Kolbe Eintracht Dortmund | 57:50 | 4:04 | 5:54 | 6:46 | 9:09 | 16:26 | 25:10 | 31:36 | 35:31 | 45:26 | 53:11 | 56:28 | 57:22 | 57:50 | |
| | | | | 4:04 | 1:50 | 0:52 | 2:23 | 7:17 | 8:44 | 6:26 | 3:55 | 9:55 | 7:45 | 3:17 | 0:54 | 0:28 | |
| 3 | 28 | Barbara Glowka Eintracht Dortmund | 1:08:41 | 5:04 | 8:11 | 9:36 | 12:49 | 21:15 | 28:51 | 34:46 | 39:50 | 52:23 | 58:33 | 1:06:39 | 1:08:04 | 1:08:41 | |
| | | | | 5:04 | 3:07 | 1:25 | 3:13 | 8:26 | 7:36 | 5:55 | 5:04 | 12:33 | 6:10 | 8:06 | 1:25 | 0:37 | |
| 4 | 31 | Viktoria Herzfeld OLG Siegerland | 1:09:36 | 7:39 | 10:04 | 16:49 | 20:23 | 27:54 | 39:36 | 45:25 | 49:39 | 1:01:29 | 1:04:26 | 1:08:19 | 1:09:14 | 1:09:36 | |
| | | | | 7:39 | 2:25 | 6:45 | 3:34 | 7:31 | 11:42 | 5:49 | 4:14 | 11:50 | 2:57 | 3:53 | 0:55 | 0:22 | |
| 5 | 30 | Maria Gierlach WOLF Haltern | 1:53:01 | 15:21 | 18:23 | 21:02 | 24:48 | 37:48 | 48:06 | 59:44 | 1:10:53 | 1:38:32 | 1:44:10 | 1:51:05 | 1:52:21 | 1:53:01 | |
| | | | | 15:21 | 3:02 | 2:39 | 3:46 | 13:00 | 10:18 | 11:38 | 11:09 | 27:39 | 5:38 | 6:55 | 1:16 | 0:40 | |
| D55- (5) | | | | 3.5 km 115 Hm 11 P | | | | | | | | | | | | | |
| | | | | 1(116) | 2(113) | 3(117) | 4(125) | 5(101) | 6(115) | 7(105) | 8(118) | 9(119) | 10(120) | 11(122) | Z | | |
| 1 | 34 | Kornelia Mock Eintracht Dortmund | 1:07:44 | 5:04 | 18:52 | 20:31 | 26:36 | 35:41 | 39:07 | 45:10 | 56:46 | 1:00:18 | 1:06:00 | 1:07:10 | 1:07:44 | | |
| | | | | 5:04 | 13:48 | 1:39 | 6:05 | 9:05 | 3:26 | 6:03 | 11:36 | 3:32 | 5:42 | 1:10 | 0:34 | | |
| 2 | 32 | Silvia Kempin SC Oberodenthal | 1:20:18 | 11:54 | 15:15 | 16:43 | 26:47 | 39:48 | 44:14 | 51:36 | 1:05:39 | 1:13:18 | 1:17:42 | 1:19:32 | 1:20:18 | | |
| | | | | 11:54 | 3:21 | 1:28 | 10:04 | 13:01 | 4:26 | 7:22 | 14:03 | 7:39 | 4:24 | 1:50 | 0:46 | | |
| 3 | 35 | Karin Schlaefke DJK Adler Bottrop | 1:23:29 | 8:31 | 12:13 | 14:02 | 23:23 | 34:07 | 49:20 | 1:00:09 | 1:11:14 | 1:16:35 | 1:20:58 | 1:22:35 | 1:23:29 | | |
| | | | | 8:31 | 3:42 | 1:49 | 9:21 | 10:44 | 15:13 | 10:49 | 11:05 | 5:21 | 4:23 | 1:37 | 0:54 | | |
| 4 | 33 | Sabine Bohl Ski Club Unna | 1:25:00 | 8:27 | 12:43 | 14:51 | 26:02 | 40:54 | 50:00 | 58:47 | 1:10:25 | 1:16:47 | 1:21:30 | 1:23:49 | 1:25:00 | | |
| | | | | 8:27 | 4:16 | 2:08 | 11:11 | 14:52 | 9:06 | 8:47 | 11:38 | 6:22 | 4:43 | 2:19 | 1:11 | | |
| 5 | 115 | Christia Zwickler ARGUS | 1:26:31 | 6:35 | 10:50 | 12:04 | 18:56 | 29:35 | 1:01:20 | 1:07:35 | 1:16:51 | 1:20:00 | 1:24:12 | 1:25:56 | 1:26:31 | | |
| | | | | 6:35 | 4:15 | 1:14 | 6:52 | 10:39 | 31:45 | 6:15 | 9:16 | 3:09 | 4:12 | 1:44 | 0:35 | | |

| Pl | Stnr | Name | Zeit | | | | | | | | | | | | | | |
|--|---|---|---------|---------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| D65- (2) | | | | 3.5 km 115 Hm 11 P | | | | | | | | | | | | | |
| | | | | 1(116) | 2(113) | 3(117) | 4(125) | 5(101) | 6(115) | 7(105) | 8(118) | 9(119) | 10(120) | 11(122) | Z | | |
| 1 | 37 | Uta Breckle Bielefelder TG | 1:07:24 | 6:21 | 12:03 | 13:24 | 23:07 | 36:46 | 40:46 | 47:32 | 57:31 | 1:00:54 | 1:05:10 | 1:06:45 | 1:07:24 | | |
| 2 | 36 | Ruth Renner Bielefelder TG | 1:27:44 | 6:21 | 5:42 | 1:21 | 9:43 | 13:39 | 4:00 | 6:46 | 9:59 | 3:23 | 4:16 | 1:35 | 0:39 | | |
| | | | | 7:14 | 17:23 | 24:08 | 33:44 | 48:15 | 51:31 | 58:40 | 1:12:29 | 1:17:39 | 1:24:00 | 1:26:59 | 1:27:44 | | |
| | | | | 7:14 | 10:09 | 6:45 | 9:36 | 14:31 | 3:16 | 7:09 | 13:49 | 5:10 | 6:21 | 2:59 | 0:45 | | |
| H-10 (1) | | | | 1.7 km 35 Hm 6 P | | | | | | | | | | | | | |
| | | | | 1(112) | 2(124) | 3(114) | 4(113) | 5(120) | 6(122) | Z | | | | | | | |
| 1 | 38 | Arvid Wittiber Skiclub Bonn | 1:24:28 | 22:16 | 31:38 | 43:57 | 1:09:17 | 1:19:08 | 1:23:41 | 1:24:28 | | | | | | | |
| | | | | 22:16 | 9:22 | 12:19 | 25:20 | 9:51 | 4:33 | 0:47 | | | | | | | |
| H-12 (2) | | | | 1.9 km 35 Hm 7 P | | | | | | | | | | | | | |
| | | | | 1(112) | 2(116) | 3(124) | 4(114) | 5(113) | 6(120) | 7(122) | Z | | | | | | |
| 1 | 42 | Erik Lindemann Bielefelder TG | 23:42 | 5:11 | 7:53 | 10:24 | 14:05 | 17:41 | 22:18 | 23:23 | 23:42 | | | | | | |
| 2 | 41 | Finn Herzfeld OLG Siegerland | 26:39 | 5:11 | 2:42 | 2:31 | 3:41 | 3:36 | 4:37 | 1:05 | 0:19 | | | | | | |
| | | | | 8:23 | 10:53 | 13:15 | 17:03 | 20:47 | 25:12 | 26:23 | 26:39 | | | | | | |
| | | | | 8:23 | 2:30 | 2:22 | 3:48 | 3:44 | 4:25 | 1:11 | 0:16 | | | | | | |
| H-14 (2) | | | | 3.6 km 100 Hm 11 P | | | | | | | | | | | | | |
| | | | | 1(112) | 2(113) | 3(117) | 4(116) | 5(114) | 6(125) | 7(115) | 8(118) | 9(119) | 10(120) | 11(122) | Z | | |
| 1 | 48 | Colin Kolbe TuS Lübbecke | 30:34 | 2:37 | 4:46 | 5:28 | 7:50 | 9:55 | 13:15 | 20:40 | 26:06 | 27:45 | 29:54 | 30:21 | 30:34 | | |
| 2 | 46 | Dorian Tosch TuS Lübbecke | 1:07:34 | 2:37 | 2:09 | 0:42 | 2:22 | 2:05 | 3:20 | 7:25 | 5:26 | 1:39 | 2:09 | 0:27 | 0:13 | | |
| | | | | 5:15 | 11:00 | 11:53 | 14:15 | 18:08 | 23:47 | 44:46 | 56:18 | 1:00:31 | 1:06:08 | 1:07:17 | 1:07:34 | | |
| | | | | 5:15 | 5:45 | 0:53 | 2:22 | 3:53 | 5:39 | 20:59 | 11:32 | 4:13 | 5:37 | 1:09 | 0:17 | | |
| H-16 (4) | | | | 5.2 km 215 Hm 13 P | | | | | | | | | | | | | |
| | | | | 1(114) | 2(113) | 3(117) | 4(125) | 5(111) | 6(105) | 7(106) | 8(103) | 9(102) | 10(101) | 11(118) | 12(120) | 13(122) | Z |
| 1 | 53 | Till Kleine TuS Lübbecke | 59:28 | 7:10 | 9:44 | 10:30 | 15:07 | 22:45 | 34:49 | 38:01 | 39:16 | 42:58 | 47:51 | 56:18 | 58:31 | 59:12 | 59:28 |
| 2 | 54 | Michael Falkenhain DJK Adler Bottrop | 1:10:37 | 7:10 | 2:34 | 0:46 | 4:37 | 7:38 | 12:04 | 3:12 | 1:15 | 3:42 | 4:53 | 8:27 | 2:13 | 0:41 | 0:16 |
| 3 | 55 | Fabian Schmidt OLG Siegerland | 1:26:11 | 6:14 | 8:34 | 9:20 | 13:56 | 22:23 | 36:04 | 40:25 | 44:09 | 52:22 | 58:32 | 1:07:18 | 1:09:34 | 1:10:18 | 1:10:37 |
| 4 | 52 | Hagen Klein OL-AG Gymnasium Netpf | 1:56:59 | 6:14 | 2:20 | 0:46 | 4:36 | 8:27 | 13:41 | 4:21 | 3:44 | 8:13 | 6:10 | 8:46 | 2:16 | 0:44 | 0:19 |
| | | | | 8:19 | 12:03 | 12:59 | 18:21 | 29:54 | 47:03 | 52:15 | 55:43 | 1:01:19 | 1:10:40 | 1:20:51 | 1:24:55 | 1:25:50 | 1:26:11 |
| | | | | 8:19 | 3:44 | 0:56 | 5:22 | 11:33 | 17:09 | 5:12 | 3:28 | 5:36 | 9:21 | 10:11 | 4:04 | 0:55 | 0:21 |
| | | | | 9:26 | 12:48 | 13:41 | 20:32 | 37:35 | 58:19 | 1:05:48 | 1:10:34 | 1:17:02 | 1:36:31 | 1:49:36 | 1:55:59 | 1:56:38 | 1:56:59 |
| | | | | 9:26 | 3:22 | 0:53 | 6:51 | 17:03 | 20:44 | 7:29 | 4:46 | 6:28 | 19:29 | 13:05 | 6:23 | 0:39 | 0:21 |
| H-18 (2) | | | | 6.8 km 320 Hm 21 P | | | | | | | | | | | | | |
| | | | | 1(101) | 2(104) | 3(106) | 4(101) | 5(102) | 6(103) | 7(106) | 8(111) | 9(108) | 10(123) | 11(109) | 12(110) | 13(125) | 14(113) |
| | | | | 15(114) | 16(112) | 17(117) | 18(118) | 19(120) | 20(121) | 21(122) | Z | | | | | | |
| 1 | 57 | Christian Falkenhain DJK Adler Bottrop | 1:54:47 | 4:16 | 9:34 | 17:43 | 22:49 | 28:54 | 32:17 | 34:02 | 47:56 | 53:50 | 59:44 | 1:12:38 | 1:20:42 | 1:23:41 | 1:30:47 |
| | | | | 4:16 | 5:18 | 8:09 | 5:06 | 6:05 | 3:23 | 1:45 | 13:54 | 5:54 | 5:54 | 12:54 | 8:04 | 2:59 | 7:06 |
| | | | | 1:33:45 | 1:37:08 | 1:40:20 | 1:48:29 | 1:52:50 | 1:54:07 | 1:54:28 | 1:54:47 | | | | | | |
| | | | | 2:58 | 3:23 | 3:12 | 8:09 | 4:21 | 1:17 | 0:21 | 0:19 | | | | | | |
| 56 | Lukas Bersuck Bielefelder TG | Fehlst | 9:34 | 19:01 | 29:07 | 36:34 | 48:27 | 52:55 | 55:57 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | |
| | | | 9:34 | 9:27 | 10:06 | 7:27 | 11:53 | 4:28 | 3:02 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | |
| | | | ----- | ----- | ----- | ----- | 1:33:00 | 1:36:09 | 1:36:54 | 1:37:31 | ----- | ----- | ----- | ----- | ----- | ----- | |
| | | | ----- | ----- | ----- | ----- | 37:03 | 3:09 | 0:45 | 0:37 | ----- | ----- | ----- | ----- | ----- | ----- | |
| H-17Kurz (3) | | | | 4.5 km 145 Hm 12 P | | | | | | | | | | | | | |
| | | | | 1(116) | 2(117) | 3(113) | 4(114) | 5(109) | 6(105) | 7(103) | 8(102) | 9(118) | 10(119) | 11(120) | 12(122) | Z | |
| 1 | 58 | Csaba Megyeri Team Megyeri | 46:54 | 6:28 | 9:12 | 9:53 | 11:49 | 17:21 | 23:10 | 28:42 | 31:39 | 41:24 | 43:40 | 45:54 | 46:36 | 46:54 | |
| 2 | 61 | Tobias Gödde DJK Adler Bottrop | 52:38 | 6:28 | 2:44 | 0:41 | 1:56 | 5:32 | 5:49 | 5:32 | 2:57 | 9:45 | 2:16 | 2:14 | 0:42 | 0:18 | |
| | | | | 3:19 | 5:33 | 7:08 | 9:14 | 15:55 | 23:59 | 29:47 | 35:59 | 45:43 | 47:44 | 51:18 | 52:19 | 52:38 | |
| | | | | 3:19 | 2:14 | 1:35 | 2:06 | 6:41 | 8:04 | 5:48 | 6:12 | 9:44 | 2:01 | 3:34 | 1:01 | 0:19 | |
| 59 | Olaf Stölting OL Team Lippe | Fehlst | 4:49 | 6:37 | ----- | 25:07 | 30:03 | 39:05 | 45:45 | 52:55 | 1:03:01 | 1:06:04 | 1:09:52 | 1:11:01 | 1:11:30 | | |
| | | | 4:49 | 1:48 | ----- | 18:30 | 4:56 | 9:02 | 6:40 | 7:10 | 10:06 | 3:03 | 3:48 | 1:09 | 0:29 | | |
| H-19Lang (7) Ann. Teilstr.: 114-116,116-117 | | | | 7.5 km 380 Hm 22 P | | | | | | | | | | | | | |
| | | | | 1(101) | 2(102) | 3(103) | 4(106) | 5(101) | 6(104) | 7(106) | 8(107) | 9(108) | 10(123) | 11(125) | 12(110) | 13(109) | 14(113) |
| | | | | 15(114) | 16(116) | 17(117) | 18(118) | 19(119) | 20(120) | 21(121) | 22(122) | Z | | | | | |
| 1 | 62 | Arvid Jasper Bielefelder TG | 1:12:29 | 3:18 | 5:43 | 7:28 | 9:16 | 12:59 | 17:09 | 20:42 | 31:35 | 36:42 | 38:45 | 51:38 | 53:17 | 57:32 | 1:02:24 |
| | | | | 3:18 | 2:25 | 1:45 | 1:48 | 3:43 | 4:10 | 3:33 | 10:53 | 5:07 | 2:03 | 12:53 | 1:39 | 4:15 | 4:52 |
| | | | | 1:04:46 | 1:04:47 | 1:15:35 | 1:18:13 | 1:19:48 | 1:21:39 | 1:22:45 | 1:23:01 | 1:23:18 | | | | | |
| | | | | 2:22 | 0:01 | 40:48 | 2:38 | 1:35 | 1:51 | 1:06 | 0:16 | 0:17 | | | | | |
| 2 | 68 | Philipp Dombert Bielefelder TG | 1:27:54 | 2:51 | 9:32 | 11:58 | 14:10 | 18:26 | 23:55 | 28:57 | 41:40 | 46:51 | 48:56 | 1:01:58 | 1:03:24 | 1:08:01 | 1:14:59 |
| | | | | 2:51 | 6:41 | 2:26 | 2:12 | 4:16 | 5:29 | 5:02 | 12:43 | 5:11 | 2:05 | 13:02 | 1:26 | 4:37 | 6:58 |
| | | | | 1:16:56 | 1:16:57 | 1:39:49 | 1:43:33 | 1:46:38 | 1:48:24 | 1:50:06 | 1:50:23 | 1:50:47 | | | | | |
| | | | | 1:57 | 0:01 | 22:52 | 3:44 | 3:05 | 1:46 | 1:42 | 0:17 | 0:24 | | | | | |
| 3 | 66 | Stefan Berse WOLF Haltern | 1:41:34 | 2:36 | 9:06 | 14:49 | 17:06 | 28:27 | 35:27 | 39:57 | 54:29 | 1:01:45 | 1:03:55 | 1:16:31 | 1:18:35 | 1:23:40 | 1:29:19 |
| | | | | 2:36 | 6:30 | 5:43 | 2:17 | 11:21 | 7:00 | 4:30 | 14:32 | 7:16 | 2:10 | 12:36 | 2:04 | 5:05 | 5:39 |
| | | | | 1:31:11 | 1:31:13 | 1:47:37 | 1:50:24 | 1:52:30 | 1:54:27 | 1:57:11 | 1:57:30 | 1:58:00 | | | | | |
| | | | | 1:52 | 0:02 | 46:24 | 2:47 | 2:06 | 1:57 | 2:44 | 0:19 | 0:30 | | | | | |
| | | | | 4:22 | 12:06 | 15:17 | 17:33 | 24:50 | 32:36 | 38:51 | 59:31 | 1:09:56 | 1:13:05 | 1:34:21 | 1:37:06 | 1:46:25 | 2:00:52 |
| | | | | 4:22 | 7:44 | 3:11 | 2:16 | 7:17 | 7:46 | 6:15 | 20:40 | 10:25 | 3:09 | 21:16 | 2:45 | 9:19 | 14:27 |
| | | | | 2:04:10 | 2:04:11 | 2:09:48 | 2:14:27 | 2:17:17 | 2:20:19 | 2:24:20 | 2:24:37 | 2:25:02 | | | | | |
| | | | | 3:18 | 0:01 | 5:37 | 4:39 | 2:50 | 3:02 | 4:01 | 0:17 | 0:25 | | | | | |
| 5 | 67 | Holger Neuhaus SC Oberodenthal | 2:22:04 | 7:37 | 21:49 | 24:53 | 27:13 | 34:36 | 43:35 | 53:26 | 1:13:04 | 1:23:13 | 1:26:37 | 1:43:57 | 1:47:02 | 1:53:28 | 2:02:05 |
| | | | | 7:37 | 14:12 | 3:04 | 2:20 | 7:23 | 8:59 | 9:51 | 19:38 | 10:09 | 3:24 | 17:20 | 3:05 | 6:26 | 8:37 |
| | | | | 2:05:26 | 2:05:27 | 2:09:51 | 2:18:56 | 2:21:39 | 2:24:37 | 2:25:53 | 2:26:09 | 2:26:29 | | | | | |
| | | | | 3:21 | 0:01 | 4:24 | 9:05 | 2:43 | 2:58 | 1:16 | 0:16 | 0:20 | | | | | |
| 65 | Roman Schulte-Zurhause DJK Adler Bottrop | Fehlst | 2:28 | 6:20 | 7:59 | 10:49 | 14:20 | 19:01 | 22:50 | 33:52 | 38:11 | 39:55 | 55:25 | 57:28 | 1:02:29 | 1:07:50 | |
| | | | 2:28 | 3:52 | 1:39 | 2:50 | 3:31 | 4:41 | 3:49 | 11:02 | 4:19 | 1:44 | 15:30 | 2:03 | 5:01 | 5:21 | |
| | | | 1:10:34 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | 1:24:43 | ----- | ----- | ----- | |
| | | | 2:44 | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | ----- | 14:09 | ----- | ----- | ----- | |

| Pl | Stnr | Name | Zeit | | | | | | | | | | | | | | |
|---------------------|-----------------------------------|---|---------|---------------------------|---------|---------|-----------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| H45- (17) | | | | 6.0 km 300 Hm 16 P | | | <i>(Forts.)</i> | | | | | | | | | | |
| | | | | 1(102) | 2(103) | 3(105) | 4(111) | 5(108) | 6(123) | 7(101) | 8(109) | 9(125) | 10(113) | 11(114) | 12(112) | 13(118) | 14(119) |
| | | | | 15(120) | 16(122) | Z | | | | | | | | | | | |
| 11 | 88 | Matthias Berse WOLF Haltern | 1:39:48 | 9:02 | 12:01 | 19:21 | 35:03 | 38:51 | 42:01 | 52:57 | 57:43 | 1:04:57 | 1:12:30 | 1:15:38 | 1:25:04 | 1:32:32 | 1:35:34 |
| | | | | 9:02 | 2:59 | 7:20 | 15:42 | 3:48 | 3:10 | 10:56 | 4:46 | 7:14 | 7:33 | 3:08 | 9:26 | 7:28 | 3:02 |
| | | | | 1:38:30 | 1:39:23 | 1:39:48 | | | | | | | | | | | |
| | | | | 2:56 | 0:53 | 0:25 | | | | | | | | | | | |
| 12 | 82 | Martin Gent Team Gent | 1:48:51 | 8:03 | 19:16 | 24:16 | 36:23 | 42:08 | 51:02 | 1:01:55 | 1:06:19 | 1:11:26 | 1:19:03 | 1:22:09 | 1:28:02 | 1:35:44 | 1:39:35 |
| | | | | 8:03 | 11:13 | 5:00 | 12:07 | 5:45 | 8:54 | 10:53 | 4:24 | 5:07 | 7:37 | 3:06 | 5:53 | 7:42 | 3:51 |
| | | | | 1:46:38 | 1:48:19 | 1:48:51 | | | | | | | | | | | |
| | | | | 7:03 | 1:41 | 0:32 | | | | | | | | | | | |
| 13 | 83 | Frank Diener Bielefelder TG | 1:51:40 | 17:19 | 20:58 | 31:03 | 46:59 | 52:05 | 55:32 | 1:07:32 | 1:13:10 | 1:22:10 | 1:29:30 | 1:32:32 | 1:37:35 | 1:43:15 | 1:46:15 |
| | | | | 17:19 | 3:39 | 10:05 | 15:56 | 5:06 | 3:27 | 12:00 | 5:38 | 9:00 | 7:20 | 3:02 | 5:03 | 5:40 | 3:00 |
| | | | | 1:50:10 | 1:51:19 | 1:51:40 | | | | | | | | | | | |
| | | | | 3:55 | 1:09 | 0:21 | | | | | | | | | | | |
| 14 | 84 | Peter Winnekes DJK Adler Bottrop | 2:00:00 | 10:32 | 13:11 | 17:58 | 37:40 | 43:19 | 47:15 | 56:48 | 1:01:20 | 1:09:03 | 1:22:23 | 1:25:07 | 1:30:44 | 1:45:40 | 1:52:50 |
| | | | | 10:32 | 2:39 | 4:47 | 19:42 | 5:39 | 3:56 | 9:33 | 4:32 | 7:43 | 13:20 | 2:44 | 5:37 | 14:56 | 7:10 |
| | | | | 1:56:02 | 1:59:38 | 2:00:00 | | | | | | | | | | | |
| | | | | 3:12 | 3:36 | 0:22 | | | | | | | | | | | |
| 15 | 86 | Elmar Tosch TuS Lübbecke | 2:06:37 | 15:20 | 18:29 | 25:42 | 50:12 | 54:08 | 57:39 | 1:14:52 | 1:18:55 | 1:27:50 | 1:37:39 | 1:41:15 | 1:47:24 | 1:58:45 | 2:01:24 |
| | | | | 15:20 | 3:09 | 7:13 | 24:30 | 3:56 | 3:31 | 17:13 | 4:03 | 8:55 | 9:49 | 3:36 | 6:09 | 11:21 | 2:39 |
| | | | | 2:04:48 | 2:06:07 | 2:06:37 | | | | | | | | | | | |
| | | | | 3:24 | 1:19 | 0:30 | | | | | | | | | | | |
| 91 | Frank Rüdell DJK Adler Bottrop | Fehlst | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- |
| | | | | 25:40 | 26:32 | 27:00 | | | | | | | | | | | |
| | | | | 25:40 | 0:52 | 0:28 | | | | | | | | | | | |
| 92 | Henning Kämmele OLG Siegerland | Fehlst | 13:43 | 18:07 | 24:50 | 42:03 | 46:35 | 59:00 | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- |
| | | | 13:43 | 4:24 | 6:43 | 17:13 | 4:32 | 12:25 | | | | | | | | | |
| | | | 1:21:54 | 1:23:06 | 1:23:33 | | | | | | | | | | | | |
| | | | 22:54 | 1:12 | 0:27 | | | | | | | | | | | | |
| H55- (5) | | | | 5.2 km 215 Hm 13 P | | | | | | | | | | | | | |
| | | | | 1(114) | 2(113) | 3(117) | 4(125) | 5(111) | 6(105) | 7(106) | 8(103) | 9(102) | 10(101) | 11(118) | 12(120) | 13(122) | Z |
| 1 | 106 | Nikolaus Risch ASG Teutoburger Wald | 1:00:02 | 5:25 | 8:42 | 9:30 | 14:06 | 20:34 | 30:33 | 33:53 | 35:29 | 42:06 | 47:24 | 55:43 | 58:07 | 59:43 | 1:00:02 |
| | | | | 5:25 | 3:17 | 0:48 | 4:36 | 6:28 | 9:59 | 3:20 | 1:36 | 6:37 | 5:18 | 8:19 | 2:24 | 1:36 | 0:19 |
| 2 | 103 | Klaus Prunsche TuS Lübbecke | 1:01:46 | 5:48 | 8:51 | 9:51 | 14:34 | 25:37 | 36:12 | 39:08 | 41:25 | 45:14 | 51:03 | 58:37 | 1:00:47 | 1:01:27 | 1:01:46 |
| | | | | 5:48 | 3:03 | 1:00 | 4:43 | 11:03 | 10:35 | 2:56 | 2:17 | 3:49 | 5:49 | 7:34 | 2:10 | 0:40 | 0:19 |
| 3 | 104 | Hermann Wollgarten Kölnener OL-Team | 1:05:52 | 6:19 | 8:45 | 9:43 | 14:26 | 21:42 | 35:44 | 39:44 | 41:27 | 45:03 | 51:37 | 1:01:49 | 1:03:57 | 1:05:26 | 1:05:52 |
| | | | | 6:19 | 2:26 | 0:58 | 4:43 | 7:16 | 14:02 | 4:00 | 1:43 | 3:36 | 6:34 | 10:12 | 2:08 | 1:29 | 0:26 |
| 4 | 105 | Dieter Schlaefke DJK Adler Bottrop | 1:12:16 | 6:33 | 9:34 | 10:34 | 15:05 | 24:28 | 38:39 | 42:44 | 45:27 | 50:10 | 58:20 | 1:07:46 | 1:11:06 | 1:11:56 | 1:12:16 |
| | | | | 6:33 | 3:01 | 1:00 | 4:31 | 9:23 | 14:11 | 4:05 | 2:43 | 4:43 | 8:10 | 9:26 | 3:20 | 0:50 | 0:20 |
| 107 | Joachim Menn OLG Siegerland | Fehlst | 13:45 | 18:02 | 19:21 | 26:25 | 37:39 | 51:52 | 56:49 | 59:37 | ---- | 1:18:24 | 1:31:46 | 1:35:19 | 1:36:39 | 1:37:24 | |
| | | | 13:45 | 4:17 | 1:19 | 7:04 | 11:14 | 14:13 | 4:57 | 2:48 | | 18:47 | 13:22 | 3:33 | 1:20 | 0:45 | |
| H65- (4) | | | | 3.5 km 115 Hm 11 P | | | | | | | | | | | | | |
| | | | | 1(116) | 2(113) | 3(117) | 4(125) | 5(101) | 6(115) | 7(105) | 8(118) | 9(119) | 10(120) | 11(122) | Z | | |
| 1 | 113 | Dirk Zwicker ARGUS | 42:44 | 3:59 | 6:06 | 7:02 | 12:16 | 18:16 | 23:30 | 28:29 | 35:43 | 38:38 | 41:22 | 42:20 | 42:44 | | |
| | | | | 3:59 | 2:07 | 0:56 | 5:14 | 6:00 | 5:14 | 4:59 | 7:14 | 2:55 | 2:44 | 0:58 | 0:24 | | |
| 2 | 112 | Siegmar Breckle Bielefelder TG | 50:31 | 5:48 | 8:46 | 9:54 | 16:11 | 23:52 | 26:48 | 32:26 | 40:53 | 43:57 | 49:15 | 50:10 | 50:31 | | |
| | | | | 5:48 | 2:58 | 1:08 | 6:17 | 7:41 | 2:56 | 5:38 | 8:27 | 3:04 | 5:18 | 0:55 | 0:21 | | |
| 3 | 114 | Karl Keddy Eintracht Dortmund | 50:35 | 4:50 | 8:02 | 9:08 | 15:40 | 23:47 | 27:16 | 33:26 | 40:41 | 44:59 | 49:03 | 50:03 | 50:35 | | |
| | | | | 4:50 | 3:12 | 1:06 | 6:32 | 8:07 | 3:29 | 6:10 | 7:15 | 4:18 | 4:04 | 1:00 | 0:32 | | |
| 4 | 111 | Gerrit Krause SV Bayer Wuppertal | 55:13 | 7:32 | 10:39 | 11:41 | 17:24 | 26:00 | 29:24 | 34:19 | 45:57 | 50:04 | 53:48 | 54:45 | 55:13 | | |
| | | | | 7:32 | 3:07 | 1:02 | 5:43 | 8:36 | 3:24 | 4:55 | 11:38 | 4:07 | 3:44 | 0:57 | 0:28 | | |
| H75- (1) | | | | 3.5 km 115 Hm 11 P | | | | | | | | | | | | | |
| | | | | 1(116) | 2(113) | 3(117) | 4(125) | 5(101) | 6(115) | 7(105) | 8(118) | 9(119) | 10(120) | 11(122) | Z | | |
| 1 | 118 | Wolfgang Wittiber Bielefelder Ski-Club | 1:08:56 | 6:47 | 10:38 | 14:02 | 22:42 | 31:31 | 36:22 | 43:43 | 54:00 | 1:01:02 | 1:05:07 | 1:08:06 | 1:08:56 | | |
| | | | | 6:47 | 3:51 | 3:24 | 8:40 | 8:49 | 4:51 | 7:21 | 10:17 | 7:02 | 4:05 | 2:59 | 0:50 | | |
| Anfänger (2) | | | | 2.9 km 90 Hm 10 P | | | | | | | | | | | | | |
| | | | | 1(115) | 2(109) | 3(125) | 4(114) | 5(112) | 6(117) | 7(118) | 8(119) | 9(120) | 10(122) | Z | | | |
| 120 | Jan Winnekes DJK Adler Bottrop | Fehlst | ---- | 19:13 | 30:41 | 49:39 | 55:35 | 1:02:26 | 1:07:10 | 1:11:50 | 1:20:32 | ---- | 1:22:20 | | | | |
| | | | | 19:13 | 11:28 | 18:58 | 5:56 | 6:51 | 4:44 | 4:40 | 8:42 | | 1:48 | | | | |
| 119 | Mario Münch DJK Adler Bottrop | Fehlst | 44:03 | 1:08:13 | 1:20:10 | 1:33:42 | 1:44:28 | 1:55:33 | 2:02:36 | 2:09:49 | ---- | ---- | 2:19:01 | | | | |
| | | | 44:03 | 24:10 | 11:57 | 13:32 | 10:46 | 11:05 | 7:03 | 7:13 | | | 9:12 | | | | |