

Pl	Stnr	Name	Kat	Zeit																
D19L/H45 (21)					6.0 km 300 Hm 16 P				<i>(Forts.)</i>											
					1(102)	2(103)	3(105)	4(111)	5(108)	6(123)	7(101)	8(109)	9(125)	10(113)	11(114)	12(112)	13(118)	14(119)		
					15(120)	16(122)	Z													
11	85	Peter Gierlach WOLF Haltern	H45-	1:36:08	11:29	14:40	20:28	34:55	39:02	42:10	51:44	56:58	1:05:41	1:14:15	1:17:02	1:22:00	1:28:23	1:31:16		
					11:29	3:11	5:48	14:27	4:07	3:08	9:34	5:14	8:43	8:34	2:47	4:58	6:23	2:53		
					1:34:49	1:35:45	1:36:08													
					3:33	0:56	0:23													
12	21	Ricarda Kemper Bielefelder TG	D-19L	1:36:35	9:29	11:49	17:17	27:53	32:20	37:06	47:38	54:31	1:05:39	1:13:22	1:15:59	1:24:19	1:29:49	1:31:49		
					9:29	2:20	5:28	10:36	4:27	4:46	10:32	6:53	11:08	7:43	2:37	8:20	5:30	2:00		
					1:35:25	1:36:12	1:36:35													
					3:36	0:47	0:23													
13	95	Nikolaj Wanner OLG Siegerland	H45-	1:39:41	19:42	22:26	27:53	37:45	40:41	43:05	50:57	54:28	1:04:12	1:12:00	1:14:26	1:19:00	1:32:33	1:35:11		
					19:42	2:44	5:27	9:52	2:56	2:24	7:52	3:31	9:44	7:48	2:26	4:34	13:33	2:38		
					1:37:58	1:39:05	1:39:41													
					2:47	1:07	0:36													
14	88	Matthias Berse WOLF Haltern	H45-	1:39:48	9:02	12:01	19:21	35:03	38:51	42:01	52:57	57:43	1:04:57	1:12:30	1:15:38	1:25:04	1:32:32	1:35:34		
					9:02	2:59	7:20	15:42	3:48	3:10	10:56	4:46	7:14	7:33	3:08	9:26	7:28	3:02		
					1:38:30	1:39:23	1:39:48													
					2:56	0:53	0:25													
15	19	Anna Gierlach WOLF Haltern	D-19L	1:43:30	5:29	9:35	18:10	32:31	39:00	42:46	55:37	1:01:20	1:11:52	1:20:35	1:23:35	1:30:10	1:36:06	1:38:52		
					5:29	4:06	8:35	14:21	6:29	3:46	12:51	5:43	10:32	8:43	3:00	6:35	5:56	2:46		
					1:41:53	1:42:59	1:43:30													
					3:01	1:06	0:31													
16	82	Martin Gent Team Gent	H45-	1:48:51	8:03	19:16	24:16	36:23	42:08	51:02	1:01:55	1:06:19	1:11:26	1:19:03	1:22:09	1:28:02	1:35:44	1:39:35		
					8:03	11:13	5:00	12:07	5:45	8:54	10:53	4:24	5:07	7:37	3:06	5:53	7:42	3:51		
					1:46:38	1:48:19	1:48:51													
					7:03	1:41	0:32													
17	83	Frank Diener Bielefelder TG	H45-	1:51:40	17:19	20:58	31:03	46:59	52:05	55:32	1:07:32	1:13:10	1:22:10	1:29:30	1:32:32	1:37:35	1:43:15	1:46:15		
					17:19	3:39	10:05	15:56	5:06	3:27	12:00	5:38	9:00	7:20	3:02	5:03	5:40	3:00		
					1:50:10	1:51:19	1:51:40													
					3:55	1:09	0:21													
18	84	Peter Winnekens DJK Adler Bottrop	H45-	2:00:00	10:32	13:11	17:58	37:40	43:19	47:15	56:48	1:01:20	1:09:03	1:22:23	1:25:07	1:30:44	1:45:40	1:52:50		
					10:32	2:39	4:47	19:42	5:39	3:56	9:33	4:32	7:43	13:20	2:44	5:37	14:56	7:10		
					1:56:02	1:59:38	2:00:00													
					3:12	3:36	0:22													
19	86	Elmar Tosch TuS Lübbecke	H45-	2:06:37	15:20	18:29	25:42	50:12	54:08	57:39	1:14:52	1:18:55	1:27:50	1:37:39	1:41:15	1:47:24	1:58:45	2:01:24		
					15:20	3:09	7:13	24:30	3:56	3:31	17:13	4:03	8:55	9:49	3:36	6:09	11:21	2:39		
					2:04:48	2:06:07	2:06:37													
					3:24	1:19	0:30													
91		Frank Rüdell DJK Adler Bottrop	H45-	Fehlst	----	----	----	----	----	----	----	----	----	----	----	----	----	----		
					25:40	26:32	27:00													
					25:40	0:52	0:28													
92		Henning Käppele OLG Siegerland	H45-	Fehlst	13:43	18:07	24:50	42:03	46:35	59:00	----	----	----	----	----	----	----	----		
					13:43	4:24	6:43	17:13	4:32	12:25										
					1:21:54	1:23:06	1:23:33													
					22:54	1:12	0:27													
H18/35 (10)					6.8 km 320 Hm 21 P															
					1(101)	2(104)	3(106)	4(101)	5(102)	6(103)	7(106)	8(111)	9(108)	10(123)	11(109)	12(110)	13(125)	14(113)		
					15(114)	16(112)	17(117)	18(118)	19(120)	20(121)	21(122)	Z								
1	76	Christian Roßnegger DJK Adler Bottrop	H35-	1:13:38	2:43	9:07	13:19	17:56	20:57	23:00	24:42	33:03	35:52	38:08	46:53	50:08	52:33	58:10		
					2:43	6:24	4:12	4:37	3:01	2:03	1:42	8:21	2:49	2:16	8:45	3:15	2:25	5:37		
					1:00:06	1:03:34	1:06:47	1:09:52	1:11:42	1:12:57	1:13:14	1:13:38								
					1:56	3:28	3:13	3:05	1:50	1:15	0:17	0:24								
2	73	Andreas Maltig DJK Adler Bottrop	H35-	1:22:24	2:47	7:12	11:16	15:35	19:03	21:25	23:05	33:40	36:33	39:12	50:12	58:40	1:01:30	1:07:12		
					2:47	4:25	4:04	4:19	3:28	2:22	1:40	10:35	2:53	2:39	11:00	8:28	2:50	5:42		
					1:09:06	1:12:34	1:16:02	1:18:45	1:20:34	1:21:47	1:22:05	1:22:24								
					1:54	3:28	3:28	2:43	1:49	1:13	0:18	0:19								
3	75	Thies Knoll Bielefelder TG	H35-	1:25:43	2:41	6:51	10:48	14:54	17:46	19:56	21:21	29:21	36:36	38:53	50:21	55:55	1:00:48	1:07:16		
					2:41	4:10	3:57	4:06	2:52	2:10	1:25	8:00	7:15	2:17	11:28	5:34	4:53	6:28		
					1:12:02	1:15:06	1:17:41	1:20:29	1:22:13	1:25:02	1:25:22	1:25:43								
					4:46	3:04	2:35	2:48	1:44	2:49	0:20	0:21								
4	74	Volker Caspari OL Team Lippe	H35-	1:30:06	3:34	8:21	12:49	17:49	22:01	24:38	26:54	37:07	40:16	42:44	54:28	58:31	1:03:34	1:12:24		
					3:34	4:47	4:28	5:00	4:12	2:37	2:16	10:13	3:09	2:28	11:44	4:03	5:03	8:50		
					1:15:05	1:18:48	1:21:14	1:25:16	1:27:42	1:29:23	1:29:42	1:30:06								
					2:41	3:43	2:26	4:02	2:26	1:41	0:19	0:24								
5	77	Marc Schnell Hansa Simmerath	H35-	1:39:24	3:28	9:03	13:18	19:24	23:12	25:54	28:04	40:34	44:07	47:22	1:00:47	1:06:43	1:10:25	1:18:35		
					3:28	5:35	4:15	6:06	3:48	2:42	2:10	12:30	3:33	3:15	13:25	5:56	3:42	8:10		
					1:21:26	1:26:23	1:30:05	1:33:38	1:36:46	1:38:24	1:38:51	1:39:24								
					2:51	4:57	3:42	3:33	3:08	1:38	0:27	0:33								
6	57	Christian Falkenhain DJK Adler Bottrop	H-18	1:54:47	4:16	9:34	17:43	22:49	28:54	32:17	34:02	47:56	53:50	59:44	1:12:38	1:20:42	1:23:41	1:30:47		
					4:16	5:18	8:09	5:06	6:05	3:23	1:45	13:54	5:54	5:54	12:54	8:04	2:59	7:06		
					1:33:45	1:37:08	1:40:20	1:48:29	1:52:50	1:54:07	1:54:28	1:54:47								
					2:58	3:23	3:12	8:09	4:21	1:17	0:21	0:19								
81		Peter Wethmar Braunschweiger MTV	H35-	Fehlst	4:51	17:53	35:17	42:00	1:04:28	1:09:55	1:14:12	----	----	----	----	----	----	----		
					4:51	13:02	17:24	6:43	22:28	5:27	4:17									
					----	----	----	----	----	----	----	1:21:40								
					----	----	----	----	----	----	----	7:28								
72		Markus Reckwitz Team Reckwitz	H35-	Fehlst	10:48	23:00	40:12	50:29	1:47:16	2:08:25	----	----	----	----	----	----	----	----		
					10:48	12:12	17:12	10:17	56:47	21:09										
					----	----	----	----	2:30:48	----	2:32:55	2:33:57								
					----	----	----	----	22:23	2:07	1:02									
56		Lukas Bersuck Bielefelder TG	H-18	Fehlst	9:34	19:01	29:07	36:34	48:27	52:55	55:57	----	----	----	----	----	----	----		
					9:34	9:27	10:06	7:27	11:53	4:28	3:02									
					----	----	----	----	1:33:00	1:36:09	1:36:54	1:37:31								
					----	----	----	----	37:03	3:09	0:45	0:37								

Pl	Stnr	Name	Kat	Zeit																			
H18/35 (10)					6.8 km 320 Hm 21 P				<i>(Forts.)</i>														
					1(101)	2(104)	3(106)	4(101)	5(102)	6(103)	7(106)	8(111)	9(108)	10(123)	11(109)	12(110)	13(125)	14(113)					
					15(114)	16(112)	17(117)	18(118)	19(120)	20(121)	21(122)	Z											
80		Yury Mikhaylovskiy	H35-	Fehlst	4:49	12:47	20:19	27:46	34:44	41:47	44:20	-----	-----	-----	-----	-----	-----						
		Russia			4:49	7:58	7:32	7:27	6:58	7:03	2:33												
					-----	56:18	1:00:48	1:07:20	1:09:53	1:11:55	1:12:24	1:12:57											
						11:58	4:30	6:32	2:33	2:02	0:29	0:33											
H19L (7) Ann. Teilstr.: 114-116,116-11					7.5 km 380 Hm 22 P																		
					1(101)	2(102)	3(103)	4(106)	5(101)	6(104)	7(106)	8(107)	9(108)	10(123)	11(125)	12(110)	13(109)	14(113)					
					15(114)	16(116)	17(117)	18(118)	19(119)	20(120)	21(121)	22(122)	Z										
1	62	Arvid Jasper	H19L	1:12:29	3:18	5:43	7:28	9:16	12:59	17:09	20:42	31:35	36:42	38:45	51:38	53:17	57:32	1:02:24					
		Bielefelder TG			3:18	2:25	1:45	1:48	3:43	4:10	3:33	10:53	5:07	2:03	12:53	1:39	4:15	4:52					
					1:04:46	1:04:47	1:15:35	1:18:13	1:19:48	1:21:39	1:22:45	1:23:01	1:23:18										
					2:22	0:01	4:48	2:38	1:35	1:51	1:06	0:16	0:17										
2	68	Philipp Dombert	H19L	1:27:54	2:51	9:32	11:58	14:10	18:26	23:55	28:57	41:40	46:51	48:56	1:01:58	1:03:24	1:08:01	1:14:59					
		Bielefelder TG			2:51	6:41	2:26	2:12	4:16	5:29	5:02	12:43	5:11	2:05	13:02	1:26	4:37	6:58					
					1:16:56	1:16:57	1:39:49	1:43:33	1:46:38	1:48:24	1:50:06	1:50:23	1:50:47										
					1:57	0:01	22:52	3:44	3:05	1:46	1:42	0:17	0:24										
3	66	Stefan Berse	H19L	1:41:34	2:36	9:06	14:49	17:06	28:27	35:27	39:57	54:29	1:01:45	1:03:55	1:16:31	1:18:35	1:23:40	1:29:19					
		WOLF Haltern			2:36	6:30	5:43	2:17	11:21	7:00	4:30	14:32	7:16	2:10	12:36	2:04	5:05	5:39					
					1:31:11	1:31:13	1:47:37	1:50:24	1:52:30	1:54:27	1:57:11	1:57:30	1:58:00										
					1:52	0:02	16:24	2:47	2:06	1:57	2:44	0:19	0:30										
4	64	Raphael Schwirten	H19L	2:19:24	4:22	12:06	15:17	17:33	24:50	32:36	38:51	59:31	1:09:56	1:13:05	1:34:21	1:37:06	1:46:25	2:00:52					
		SC Oberodenthal			4:22	7:44	3:11	2:16	7:17	7:46	6:15	20:40	10:25	3:09	21:16	2:45	9:19	14:27					
					2:04:10	2:04:11	2:09:48	2:14:27	2:17:17	2:20:19	2:24:20	2:24:37	2:25:02										
					3:18	0:01	5:37	4:39	2:50	3:02	4:01	0:17	0:25										
5	67	Holger Neuhaus	H19L	2:22:04	7:37	21:49	24:53	27:13	34:36	43:35	53:26	1:13:04	1:23:13	1:26:37	1:43:57	1:47:02	1:53:28	2:02:05					
		SC Oberodenthal			7:37	14:12	3:04	2:20	7:23	8:59	9:51	19:38	10:09	3:24	17:20	3:05	6:26	8:37					
					2:05:26	2:05:27	2:09:51	2:18:56	2:21:39	2:24:37	2:25:53	2:26:09	2:26:29										
					3:21	0:01	4:24	9:05	2:43	2:58	1:16	0:16	0:20										
65		Roman Schulte-Zurhause	H19L	Fehlst	2:28	6:20	7:59	10:49	14:20	19:01	22:50	33:52	38:11	39:55	55:25	57:28	1:02:29	1:07:50					
		DJK Adler Bottrop			2:28	3:52	1:39	2:50	3:31	4:41	3:49	11:02	4:19	1:44	15:30	2:03	5:01	5:21					
					1:10:34	-----	-----	-----	-----	-----	-----	-----	-----	1:24:43									
					2:44																		
63		Thomas van der Kleij	H19L	Fehlst	2:21	5:06	6:53	8:57	-----	12:18	-----	-----	-----	-----	20:21	21:58	24:57	29:12					
		Hamok			2:21	2:45	1:47	2:04	-----	3:21	-----	-----	-----	8:03	1:37	2:59	4:15						
					30:43	32:19	33:39	35:24	36:43	38:22	41:23	41:47	42:10										
					1:31	1:36	1:20	1:45	1:19	1:39	3:01	0:24	0:23										
D17k/H14 (5)					3.6 km 100 Hm 11 P																		
					1(112)	2(113)	3(117)	4(116)	5(114)	6(125)	7(115)	8(118)	9(119)	10(120)	11(122)	Z							
1	48	Colin Kolbe	H-14	30:34	2:37	4:46	5:28	7:50	9:55	13:15	20:40	26:06	27:45	29:54	30:21	30:34							
		TuS Lübbecke			2:37	2:09	0:42	2:22	2:05	3:20	7:25	5:26	1:39	2:09	0:27	0:13							
2	18	Sandra Urbanietz	D-17k	56:23	4:47	7:24	8:19	13:25	17:58	22:31	38:53	48:00	52:08	55:09	56:03	56:23							
		DJK Adler Bottrop			4:47	2:37	0:55	5:06	4:33	4:33	16:22	9:07	4:08	3:01	0:54	0:20							
3	46	Dorian Tosch	H-14	1:07:34	5:15	11:00	11:53	14:15	18:08	23:47	44:46	56:18	1:00:31	1:06:08	1:07:17	1:07:34							
		TuS Lübbecke			5:15	5:45	0:53	2:22	3:53	5:39	20:59	11:32	4:13	5:37	1:09	0:17							
4	17	Kathrin Wiaterrek	D-17k	1:15:36	8:21	12:30	13:47	37:20	40:25	45:55	54:40	1:04:32	1:07:50	1:13:53	1:15:15	1:15:36							
		SC Oberodenthal			8:21	4:09	1:17	23:33	3:05	5:30	8:45	9:52	3:18	6:03	1:22	0:21							
5	16	Katrin Gödde	D-17k	1:33:43	9:35	18:23	21:05	27:30	33:27	44:11	1:01:18	1:17:13	1:23:59	1:29:42	1:32:25	1:33:43							
		DJK Adler Bottrop			9:35	8:48	2:42	6:25	5:57	10:44	17:07	15:55	6:46	5:43	2:43	1:18							
D55/65 H65/75 (12)					3.5 km 115 Hm 11 P																		
					1(116)	2(113)	3(117)	4(125)	5(101)	6(115)	7(105)	8(118)	9(119)	10(120)	11(122)	Z							
1	113	Dirk Zwikker	H65-	42:44	3:59	6:06	7:02	12:16	18:16	23:30	28:29	35:43	38:38	41:22	42:20	42:44							
		ARGUS			3:59	2:07	0:56	5:14	6:00	5:14	4:59	7:14	2:55	2:44	0:58	0:24							
2	112	Siegmar Breckle	H65-	50:31	5:48	8:46	9:54	16:11	23:52	26:48	32:26	40:53	43:57	49:15	50:10	50:31							
		Bielefelder TG			5:48	2:58	1:08	6:17	7:41	2:56	5:38	8:27	3:04	5:18	0:55	0:21							
3	114	Karl Keddy	H65-	50:35	4:50	8:02	9:08	15:40	23:47	27:16	33:26	40:41	44:59	49:03	50:03	50:35							
		Eintracht Dortmund			4:50	3:12	1:06	6:32	8:07	3:29	6:10	7:15	4:18	4:04	1:00	0:32							
4	111	Gerrit Krause	H65-	55:13	7:32	10:39	11:41	17:24	26:00	29:24	34:19	45:57	50:04	53:48	54:45	55:13							
		SV Bayer Wuppertal			7:32	3:07	1:02	5:43	8:36	3:24	4:55	11:38	4:07	3:44	0:57	0:28							
5	37	Uta Breckle	D65-	1:07:24	6:21	12:03	13:24	23:07	36:46	40:46	47:32	57:31	1:00:54	1:05:10	1:06:45	1:07:24							
		Bielefelder TG			6:21	5:42	1:21	9:43	13:39	4:00	6:46	9:59	3:23	4:16	1:35	0:39							
6	34	Kornelia Mock	D55-	1:07:44	5:04	18:52	20:31	26:36	35:41	39:07	45:10	56:46	1:00:18	1:06:00	1:07:10	1:07:44							
		Eintracht Dortmund			5:04	13:48	1:39	6:05	9:05	3:26	6:03	11:36	3:32	5:42	1:10	0:34							
7	118	Wolfgang Wittiber	H75-	1:08:56	6:47	10:38	14:02	22:42	31:31	36:22	43:43	54:00	1:01:02	1:05:07	1:08:06	1:08:56							
		Bielefelder Ski-Club			6:47	3:51	3:24	8:40	8:49	4:51	7:21	10:17	7:02	4:05	2:59	0:50							
8	32	Silvia Kempin	D55-	1:20:18	11:54	15:15	16:43	26:47	39:48	44:14	51:36	1:05:39	1:13:18	1:17:42	1:19:32	1:20:18							
		SC Oberodenthal			11:54	3:21	1:28	10:04	13:01	4:26	7:22	14:03	7:39	4:24	1:50	0:46							
9	35	Karin Schlaefke	D55-	1:23:29	8:31	12:13	14:02	23:23	34:07	49:20	1:00:09	1:11:14	1:16:35	1:20:58	1:22:35	1:23:29							
		DJK Adler Bottrop			8:31	3:42	1:49	9:21	10:44	15:13	10:49	11:05	5:21	4:23	1:37	0:54							
10	33	Sabine Bohl	D55-	1:25:00	8:27	12:43	14:51	26:02	40:54	50:00	58:47	1:10:25	1:16:47	1:21:30	1:23:49	1:25:00							
		Ski Club Unna			8:27	4:16	2:08	11:11	14:52	9:06	8:47	11:38	6:22	4:43	2:19	1:11							
11	115	Christia Zwikker	D55-	1:26:31	6:35	10:50	12:04	18:56	29:35	1:01:20	1:07:35	1:16:51	1:20:00	1:24:12	1:25:56	1:26:31							
		ARGUS			6:35	4:15	1:14	6:52	10:39	31:45	6:15	9:16	3:09	4:12	1:44	0:35							
12	36	Ruth Renner	D65-	1:27:44	7:14	17:23	24:08	33:44	48:15	51:31	58:40	1:12:29	1:17:39	1:24:00									

Pl	Stnr	Name	Kat	Zeit											
D14 Anf. (6)				2.9 km 90 Hm 10 P	<i>(Forts.)</i>										
					1(115)	2(109)	3(125)	4(114)	5(112)	6(117)	7(118)	8(119)	9(120)	10(122)	Z
120		Jan Winnekes DJK Adler Bottrop	Anf.	Fehlst	----	19:13	30:41	49:39	55:35	1:02:26	1:07:10	1:11:50	1:20:32	----	1:22:20
						19:13	11:28	18:58	5:56	6:51	4:44	4:40	8:42		1:48
119		Mario Münch DJK Adler Bottrop	Anf.	Fehlst	44:03	1:08:13	1:20:10	1:33:42	1:44:28	1:55:33	2:02:36	2:09:49	-----	-----	2:19:01
					44:03	24:10	11:57	13:32	10:46	11:05	7:03	7:13			9:12
8		Insa Bersuck Bielefelder TG	D-14	Aufg	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	

D12/H12 (5)				1.9 km 35 Hm 7 P											
					1(112)	2(116)	3(124)	4(114)	5(113)	6(120)	7(122)	Z			
1	42	Erik Lindemann Bielefelder TG	H-12	23:42	5:11	7:53	10:24	14:05	17:41	22:18	23:23	23:42			
					5:11	2:42	2:31	3:41	3:36	4:37	1:05	0:19			
2	41	Finn Herzfeld OLG Siegerland	H-12	26:39	8:23	10:53	13:15	17:03	20:47	25:12	26:23	26:39			
					8:23	2:30	2:22	3:48	3:44	4:25	1:11	0:16			
3	4	Kaatje Fantini TuS Lübbecke	D-12	27:09	7:24	9:25	12:28	16:09	20:02	24:18	26:52	27:09			
					7:24	2:01	3:03	3:41	3:53	4:16	2:34	0:17			
4	3	Josie Achilles TuS Lübbecke	D-12	1:11:01	18:49	21:50	25:26	32:38	55:31	1:07:14	1:10:39	1:11:01			
					18:49	3:01	3:36	7:12	22:53	11:43	3:25	0:22			
5	2	Claudia Berg TuS Lübbecke	D-12	1:13:58	21:42	24:56	28:26	35:32	58:29	1:10:14	1:13:37	1:13:58			
					21:42	3:14	3:30	7:06	22:57	11:45	3:23	0:21			

D10/H10 (1)				1.7 km 35 Hm 6 P										
					1(112)	2(124)	3(114)	4(113)	5(120)	6(122)	Z			
1	38	Arvid Wittiber Skiclub Bonn	H-10	1:24:28	22:16	31:38	43:57	1:09:17	1:19:08	1:23:41	1:24:28			
					22:16	9:22	12:19	25:20	9:51	4:33	0:47			