

Pl	tnr	Name	Kat	Zeit													
Bahn 1 (8)					2,6 km		8 P										
					1(101)	2(103)	3(105)	4(104)	5(110)	6(114)	7(108)	8(111)	Ziel				
1		David Bläsi	Einste	22:45	1:43	4:49	6:33	8:11	13:28	16:59	19:49	21:36	22:45				
					1:43	3:06	1:44	1:38	5:17	3:31	2:50	1:47	1:09				
2		Florian Schneider	Einste	23:53	0:00	3:50	6:11	8:36	14:39	17:59	21:09	22:36	23:53				
		TV Hoffnung Littfel				3:50	2:21	2:25	6:03	3:20	3:10	1:27	1:17				
3		Tamino Hölzer	Einste	33:08	0:00	7:04	9:33	15:29	22:44	26:43	30:04	31:46	33:08				
		OL Team Lippe				7:04	2:29	5:56	7:15	3:59	3:21	1:42	1:22				
4		Delania Hölzer	Schül	35:42	0:00	4:48	7:34	9:22	20:08	28:03	32:06	33:59	35:42				
		OL Team Lippe				4:48	2:46	1:48	10:46	7:55	4:03	1:53	1:43				
5		Lisa Neus	Einste	45:58	9:10	14:26	17:18	23:39	32:42	36:46	42:01	44:09	45:58				
		TSG Helberhausen			9:10	5:16	2:52	6:21	9:03	4:04	5:15	2:08	1:49				
6		Emilia Kabbert	Schül	48:22	1:12	5:39	7:49	9:50	34:27	41:19	44:21	46:56	48:22				
		DJK Adler Bottrop			1:12	4:27	2:10	2:01	24:37	6:52	3:02	2:35	1:26				
7		Beata Olschowski	Einste	58:14	4:11	7:42	11:47	18:05	36:15	46:29	50:50	56:02	58:14				
		OLV Steinberg			4:11	3:31	4:05	6:18	18:10	10:14	4:21	5:12	2:12				
8		Denise Hölzer	Einste	1:29:44	0:00	11:10	17:00	31:33	49:26	1:11:06	1:18:56	1:24:52	1:29:44	41:57			
		OL Team Lippe				11:10	5:50	14:33	17:53	21:40	7:50	5:56	4:52	42:02			
														58:46			
														*111			
														*111			
														*109			
Bahn 2 (25)					4,3 km		12 P										
					1(118)	2(103)	3(112)	4(106)	5(107)	6(113)	7(116)	8(115)	9(114)	10(109)	11(108)	12(111)	Ziel
1		Christian Henrich-F	Pokal	32:19	1:42	3:13	5:32	6:32	9:33	13:25	17:49	20:48	26:44	28:46	29:39	30:57	32:19
		TV Kredenbach Loh			1:42	1:31	2:19	1:00	3:01	3:52	4:24	2:59	5:56	2:02	0:53	1:18	1:22
2		Monika Depta	Pokal	33:30	0:50	2:31	5:23	6:25	9:21	12:46	17:41	20:53	27:31	29:35	30:28	32:16	33:30
		OLG Siegerland			0:50	1:41	2:52	1:02	2:56	3:25	4:55	3:12	6:38	2:04	0:53	1:48	1:14
3		Anne Kunzendorf	Pokal	34:39	0:59	2:41	5:12	6:54	9:46	14:31	19:13	22:15	28:26	30:45	31:38	33:21	34:39
					0:59	1:42	2:31	1:42	2:52	4:45	4:42	3:02	6:11	2:19	0:53	1:43	1:18
4		Roland van Loon	Pokal	35:15	0:54	2:47	5:34	6:45	10:35	17:17	21:36	24:19	29:49	31:42	32:42	34:12	35:15
					0:54	1:53	2:47	1:11	3:50	6:42	4:19	2:43	5:30	1:53	1:00	1:30	1:03
5		Peter Depta	Pokal	35:57	1:03	3:19	6:22	7:39	10:56	14:30	19:31	23:08	29:31	31:38	32:32	34:31	35:57
		OLG Siegerland			1:03	2:16	3:03	1:17	3:17	3:34	5:01	3:37	6:23	2:07	0:54	1:59	1:26
6		Martin Garzorz	Pokal	39:00	1:02	2:59	6:04	7:27	11:38	15:54	21:03	24:50	32:26	34:44	35:39	37:27	39:00
					1:02	1:57	3:05	1:23	4:11	4:16	5:09	3:47	7:36	2:18	0:55	1:48	1:33
7		Wolfgang Fuchs	Pokal	40:24	3:12	6:05	10:26	12:43	16:08	19:50	24:22	27:53	34:07	36:15	37:18	39:04	40:24
		TSG Helberhausen			3:12	2:53	4:21	2:17	3:25	3:42	4:32	3:31	6:14	2:08	1:03	1:46	1:20
					1:05												
					*101												
8		Annika Kabbert	Pokal	40:30	1:11	4:40	7:44	9:18	12:52	17:18	23:03	26:35	33:44	36:09	37:19	39:00	40:30
		DJK Adler Bottrop			1:11	3:29	3:04	1:34	3:34	4:26	5:45	3:32	7:09	2:25	1:10	1:41	1:30
9		Sabine Stötzel	Pokal	43:23	1:05	3:31	7:11	8:39	12:45	19:32	25:15	28:42	36:31	39:00	40:27	42:01	43:23
		OLG Siegerland			1:05	2:26	3:40	1:28	4:06	6:47	5:43	3:27	7:49	2:29	1:27	1:34	1:22
10		Thomas Hölzer	Pokal	43:35	1:16	3:30	7:08	8:53	13:10	18:56	24:40	28:46	36:53	39:33	40:29	41:58	43:35
		OL Team Lippe			1:16	2:14	3:38	1:45	4:17	5:46	5:44	4:06	8:07	2:40	0:56	1:29	1:37
11		Volker Moll	Pokal	48:08	2:06	4:06	7:52	9:56	14:54	19:51	26:18	30:48	40:00	43:18	44:26	46:29	48:08
		TV Büschergrund			2:06	2:00	3:46	2:04	4:58	4:57	6:27	4:30	9:12	3:18	1:08	2:03	1:39
12		Peter Gierlach	Pokal	49:13	1:10	3:54	7:55	9:47	14:53	20:11	27:10	31:31	41:02	44:06	45:13	47:34	49:13
		Westf. OL-Freunde			1:10	2:44	4:01	1:52	5:06	5:18	6:59	4:21	9:31	3:04	1:07	2:21	1:39
13		Benjamin Klein	Pokal	51:00	3:05	5:35	9:22	11:32	18:54	23:59	32:40	37:13	44:48	47:08	48:17	49:40	51:00
		TV Kreuztal 1888			3:05	2:30	3:47	2:10	7:22	5:05	8:41	4:33	7:35	2:20	1:09	1:23	1:20
14		Peter Olschowski	Pokal	52:15	1:02	3:42	7:31	10:29	15:44	24:04	30:36	35:04	44:46	47:54	48:56	50:49	52:15
		OLV Steinberg			1:02	2:40	3:49	2:58	5:15	8:20	6:32	4:28	9:42	3:08	1:02	1:53	1:26
15		Hans-Joachim Glow	Pokal	59:17	3:17	6:27	11:42	13:39	18:16	25:14	32:07	38:20	48:16	51:31	52:57	56:44	59:17
		TSC E Dortmund			3:17	3:10	5:15	1:57	4:37	6:58	6:53	6:13	9:56	3:15	1:26	3:47	2:33
16		Kay Tausendfreund	Pokal	59:28	2:21	5:08	9:47	12:02	17:33	24:22	33:30	38:54	50:40	54:08	55:20	57:37	59:28
		Westf. OL-Freunde			2:21	2:47	4:39	2:15	5:31	6:49	9:08	5:24	11:46	3:28	1:12	2:17	1:51
17		Anna Tausendfreund	Pokal	1:01:27	1:10	3:46	9:03	10:44	17:07	24:17	35:32	40:52	52:41	56:06	57:19	59:35	1:01:27
		Westf. OL-Freunde			1:10	2:36	5:17	1:41	6:23	7:10	11:15	5:20	11:49	3:25	1:13	2:16	1:52
18		Harald Friedl	Pokal	1:05:25	3:53	10:28	15:51	18:32	24:09	30:55	38:49	44:09	54:55	58:40	1:00:19	1:03:24	1:05:25
		TuS Stemwede			3:53	6:35	5:23	2:41	5:37	6:46	7:54	5:20	10:46	3:45	1:39	3:05	2:01
19		Manfred Thallner	Pokal	1:07:49	1:12	4:53	12:25	14:58	20:09	31:26	39:40	45:17	57:03	1:00:46	1:02:30	1:05:49	1:07:49
		TSC E Dortmund			1:12	3:41	7:32	2:33	5:11	11:17	8:14	5:37	11:46	3:43	1:44	3:19	2:00
20		Andreas Kramer	Pokal	1:22:13	1:44	6:31	25:14	27:26	44:03	49:40	57:10	1:01:44	1:12:19	1:15:51	1:17:17	1:20:52	1:22:13
		TuS Vormwald 1911			1:44	4:47	18:43	2:12	16:37	5:37	7:30	4:34	10:35	3:32	1:26	3:35	1:21
21		Gerrit Krause	Pokal	1:59:37	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	1:59:37
		TSC E Dortmund															1:59:37
22		Jörg Herbrand	Pokal	2:25:20	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	2:25:20
		TV Wanheimerort D															2:25:20
		Theo Bücken	Pokal	Fehlst	-----	18:52	34:53	38:06	44:29	50:35	57:15	1:03:11	1:12:40	1:16:15	1:18:11	1:24:41	1:26:29
		Westf. OL-Freunde			18:52	16:01	3:13	6:23	6:06	6:40	5:56	9:29	3:35	1:56	6:30	1:48	
					1:41	25:23											
					*101	*104											
		Janine Glowka	Pokal	Aufg	-----	5:13	10:59	15:30	-----	-----	-----	-----	-----	-----	-----	-----	39:33
		TSC E Dortmund				5:13	5:46	4:31								24:03	
					1:09												
					*101												
AK		David Bläsi	Pokal	46:45	1:08	2:49	5:24	7:21	14:47	19:23	29:55	33:35	39:45	42:58	43:46	45:35	46:45

Pl	tnr	Name	Kat	Zeit											Ziel
Bahn 3 (9)					3,3 km		10 P								
					1(101)	2(103)	3(112)	4(106)	5(107)	6(113)	7(116)	8(114)	9(108)	10(111)	
1		Lauri Henrich	MJ	36:03	1:15	3:20	6:25	7:45	11:59	16:36	27:04	30:58	33:07	34:33	36:03
		TV Kredenbach Loh			1:15	2:05	3:05	1:20	4:14	4:37	10:28	3:54	2:09	1:26	1:30
2		Kirsten Kolbe	Pokal	37:06	1:25	4:29	8:20	9:50	13:51	18:44	25:54	30:04	32:42	35:28	37:06
		TuS Lübbecke			1:25	3:04	3:51	1:30	4:01	4:53	7:10	4:10	2:38	2:46	1:38
3		Ulrike Setzer-Britwu	Pokal	57:02	1:44	5:49	19:10	21:37	27:08	40:18	46:48	50:56	53:35	55:15	57:02
		TuS Müsen 1882			1:44	4:05	13:21	2:27	5:31	13:10	6:30	4:08	2:39	1:40	1:47
4		Barbara Glowka	Pokal	59:07	1:26	6:10	19:16	23:44	29:42	36:22	44:10	49:57	54:30	57:03	59:07
		TSC E Dortmund			1:26	4:44	13:06	4:28	5:58	6:40	7:48	5:47	4:33	2:33	2:04
5		Heike Fuchs	Pokal	1:04:30	1:50	9:02	17:18	21:23	30:49	40:11	49:43	54:42	59:07	1:02:14	1:04:30
		TSG Helberhausen			1:50	7:12	8:16	4:05	9:26	9:22	9:32	4:59	4:25	3:07	2:16
6		Renate Willmann	Pokal	1:09:35	0:00	6:39	15:07	21:13	30:57	41:24	51:55	57:59	1:03:14	1:07:07	1:09:35
		TuS Stemwede			6:39	8:28	6:06	9:44	10:27	10:31	6:04	5:15	3:53	2:28	
7		Maria Gierlach	Pokal	1:24:01	2:31	9:01	17:07	30:35	42:18	54:42	1:05:59	1:12:57	1:18:14	1:21:29	1:24:01
		Westf. OL-Freunde			2:31	6:30	8:06	13:28	11:43	12:24	11:17	6:58	5:17	3:15	2:32
		Joanna Arnold	Pokal	N Ang											
		TSC E Dortmund													
		Monika Herbrand	Pokal	N Ang											
		TV Wanheimerort D													

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